

## June in Bloom



### June in Bloom Just Eleven Days Away!

You can support Celia's House and enjoy a delightful afternoon by attending our upcoming *June in Bloom* event. Join us for live music, delicious cuisine, and the chance to connect with community members who are passionate about making a difference.

Your contribution, whether through the Spring Fundraising Campaign, attending *June in Bloom*, or both, will make a lasting impact on our community.

Limited tickets! Donate and secure your event tickets here:  
<https://sofriendssofhospice.org/june-in-bloom-2024-event-tickets/>

You may contact Alexandria Castelo at 707-480-5704 or [alexandria.castelo@sofriendssofhospice.org](mailto:alexandria.castelo@sofriendssofhospice.org) if you need assistance purchasing your tickets or have questions about the event.



### Special Thank You to our Sponsors



### Photos from Last Year's First Annual June in Bloom



### Grateful for Your Support

Dwight Wilson, Executive Director

I can't express enough how much your support means to us. It's a privilege to not worry about whether we can admit individuals because of their financial challenges, thanks to you. We are blessed to provide a home that meets the needs of those we serve, a home that is made possible by your generosity.

We are honored to have over 100 volunteers who support Celia's House's mission and enhance the vision that our founders dreamed of. We can do all this because of donors like you and the community support we continue to receive. For the Spring Appeal, I want to thank those who have donated and ask those who have been thinking of donating to please do so today:

<https://sofriendssofhospice.org/spring-fundraising-campaign/>

We are grateful for your contributions and blessed to serve those who need us. We all feel appreciation for your belief in our mission.

### Grief Has No Timetable

Cheryl French, Volunteer

By mid-life, most adults have experienced the death of a loved one or know a friend who has. While grief may be the commonly felt experience, the process is as individualized as we are.

Speaking from his more than 30 years of hospice experience, Celia's House Executive Director Dwight Wilson observes, "It is common for people to think they need to get over their grief or that there is an acceptable timetable for it. However, grieving is not something that should be controlled or even managed; it is an experience to 'walk with,' as a way to heal and remember why the person who is gone was so special."

If you are supporting a friend who has lost a loved one, Dwight advises asking how they are doing and listening without comment. He explained that there aren't really any magical words. "Allowing time for your friend to express their feelings is the best way to show your support. In fact, your presence and listening ear in compassion are your most important gifts."

Another type of grief that we often see at Celia's House is anticipatory grief. This means emotionally feeling the loss before it happens. It might be better understood as grieving the loss of experiences with a loved one and the possibilities of an imagined future.

Dwight explained, "The sense of loss does not begin with the death of a loved one. It starts with the changes you see during the dying or chronic illness process in the person you love. Perhaps the best thing you can do is to acknowledge the ongoing loss and cherish memories with this individual."

Hospice Foundation of America offers a collection of articles to support the many facets of bereavement:

[https://hospicefoundation.org/Grief-\(1\)-Journeys-with-Grief-Articles](https://hospicefoundation.org/Grief-(1)-Journeys-with-Grief-Articles)  
[https://hospicefoundation.org/Grief-\(1\)-Caregiving](https://hospicefoundation.org/Grief-(1)-Caregiving)

### Thanks to all who Attended Spring HUB Couture Fashion Show!

Thank you to everyone for making the Spring HUB Couture event a huge success. Our models, volunteers, and customers are fabulous!



- Donation hours: Tuesday - Saturday, 10:30 am - 4:00 pm.
- Interested in volunteering at The HUB? Please email [chalayne.gwin@sofriendssofhospice.org](mailto:chalayne.gwin@sofriendssofhospice.org)
- Please follow us on Facebook and Instagram: [facebook.com/HospiceUniqueBoutique/](https://www.facebook.com/HospiceUniqueBoutique/) & [@hospiceuniqueboutique](https://www.instagram.com/hospiceuniqueboutique)
- Shop The HUB eBay

### Calendar of Upcoming Events

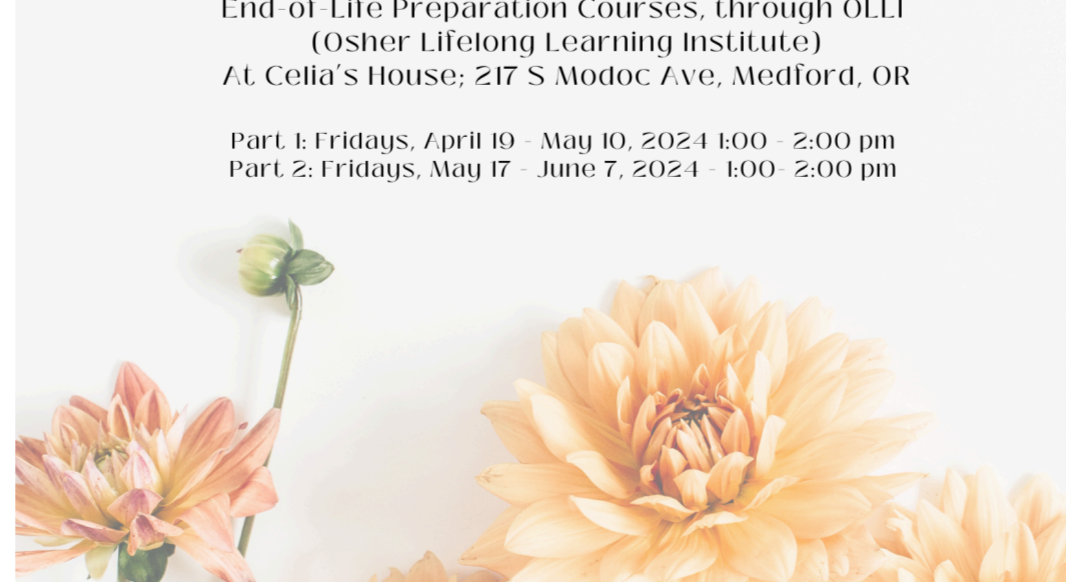
[www.sofriendssofhospice.org](http://www.sofriendssofhospice.org)

*spring & summer events*

June 2, 2-5 pm	June in Bloom, Community Event & Fundraiser for Celia's House, in the Celia's House Gardens
June 15, 5-7:30 pm	The Art Sale at The HUB
June 22, 1-3 pm	Remembrance Ceremony in honor of our 2023 Residents, at Celia's House

End of Life Preparation Courses, through OLLI (Osher Lifelong Learning Institute)  
At Celia's House: 217 S Modoc Ave, Medford, OR

Part 1: Fridays, April 10 - May 10, 2024 1:00 - 2:00 pm  
Part 2: Fridays, May 17 - June 7, 2024 1:00 - 2:00 pm

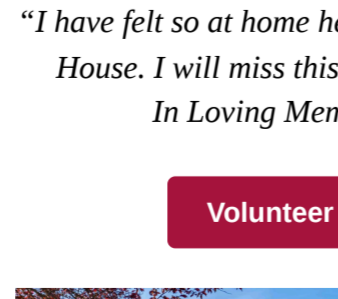


### A Quote from a Celia's House Resident

"I have felt so at home here. Some great memories have been made here at Celia's House. I will miss this place, and I will miss these people." -Helene Mechem  
In Loving Memory of Helene, March 6, 1926 - April 12, 2024

[Volunteer](#)

[Donate](#)



**We are Here to Help. Please Give Us a Call.**

For questions regarding admission, please call:  
(541) 743-7997

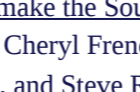
For general information, please call (541) 500-8911 or email us at [info@sofriendssofhospice.org](mailto:info@sofriendssofhospice.org)

217 S Modoc Ave, Medford, OR 97504 [sofriendssofhospice.org](http://sofriendssofhospice.org)

Check Out Our YouTube Video Tour:  
[Celia's House - An Inside Look at Resident and Common Rooms](#)

Every month, the following individuals make the Southern Oregon Friends of Hospice E-newsletter possible: Alexandria Castelo, Cheryl French, Dwight Wilson, Lily Herwald, Lara Knackstedt, Patrice Dean, Rebecca Reid, and Steve Roe.

CONNECT WITH US



217 S Modoc Ave  
Medford, OR 97504  
US

If you would no longer like to receive email from us, [click here](#) to unsubscribe