

SOUTHERN OREGON  
FRIENDS of HOSPICE

May 12, 2020



Celia's House  
217 S. Modoc Ave.  
Medford, OR 97504

**Southern Oregon Friends of Hospice**

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1618 Ashland St, Ashland, OR 97520

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Hours: Mon - Sat: 10:30 a.m. to 5 p.m., Sun: 1 p.m. to 5 p.m.

Donations accepted daily until 4:30 p.m.

Check out new weekly items and photos on Facebook:

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## Rogue Valley Hospice Workers Creatively Connect with Patients During Pandemic

*By Cheryl French, Volunteer*

Like many patients and families during the pandemic, local hospice team members learn to live in the present and take one day at a time.

Each morning, Providence Hospice nurse Nancy Heyerman, RN, wakes up at 5 a.m. to begin a work day that can stretch to 12 hours, sometimes more. After yoga and meditation, she gets ready to see her terminally ill patients by packing a plastic face shield, a box of rubber gloves and cleaning supplies.



With smiling eyes behind her face shield, Providence Hospice nurse Nancy Heyerman, RN wearing her PPE.

Prior to every visit, Nancy cleans her face shield and puts on a new set of gloves. Each long-term care facility that she enters also requires daily paperwork, sometimes a temperature check, all designed to protect residents from Covid-19. Nancy says she is "proud of the facilities I work with in the Rogue Valley. There are no Covid-19 cases in the ones that I visit."

Admitting that it is more difficult to connect with patients and their families through a face shield, she said she still provides hands-on care but laments, "I'm a hugger, and can't communicate with a hug anymore." But while it is hot behind the face shield, Nancy's

patients can still see her smile.



Asante Hospice Social Worker  
Katie Ortlip holds her  
care-giving Handbook.

Katie Ortlip, LCSW, Asante Hospice social worker and co-author of the care-giving handbook, *Living with Dying*, explained that at Asante, hospice social workers usually are the first to go into homes, meet with patients and families, and assess psychosocial situations and needs. "I really love and bond with my hospice families. At first when we learned that we couldn't see patients it was really

hard." Katie explained that family meetings are now conducted by telephone unless an in-person meeting becomes essential." She did find a creative way to visit with one of her patients in a long-term care facility whose room was on the ground floor. "I sat outside his window so we could see each other while we talked on the phone."

Asante and Providence Hospice workers visit their patients at Celia's House as well as other care facilities and homes in the area. Both Nancy and Katie agree that patients and families at Celia's House are well supported but like everyone at Celia's House, they miss the resident support volunteers. And the volunteers miss their residents too. Many of them are in touch with patients by phone or video conferencing, waiting to be able to safely return to sit at the bedside and hold the hand of a dying resident.

## **74 Donors Give \$31,846 for COVID Recovery Campaign in First 2 Weeks!**

We are grateful and overwhelmed by the support received in the first two weeks of our \$75,000 COVID Recovery Campaign to replace lost HUB revenue and support low income hospice residents at Celia's House.

We have received 74 donations totaling \$31,846 so far. Thank you!

This chart shows how 127 more donations of varying

amounts are needed to raise \$45,154 and reach our \$75,000 goal.

<b>Donation Amount</b>	<b>Remaining Amount Needed</b>	<b>Donors Needed</b>
\$15,000	\$15,000	1
\$10,000	\$10,000	1
\$5000	\$5,000	1
\$1000	\$5,000	5
\$500	\$1,000	2
\$100	\$900	9
\$50	\$1,650	33
\$25	\$2,200	88
<b>Total</b>	<b>\$43,154</b>	<b>127</b>

Donations may be made by phone M-F 9 a.m. -5 p.m. at 541-500-8911, through regular mail at 217 S Modoc Ave, Medford, OR 97504 or electronically by using the secure "Donate Now" button to the right.



## **Dr. John Forsyth interviewed on JPR about How the Pandemic Highlights The Need for End-Of-Life Conversations**

*Published by Jefferson Public Radio*

Eric Neuman of Jefferson Public Radio interviewed Dr. John Forsyth in mid April about the importance of advanced directives and conversations about end-of-life preferences with loved ones during this time.

[Click here](#) to listen to or read the transcript from this important interview.

Because COVID-19 is especially deadly for elderly people or those who have underlying health conditions, doctors can be put in the position of making decisions that might not be what patients or their families want.

## **Celia's House Chef Offers Virtual Cooking Class This Saturday, May 16 at 1 pm**

*By Karen Amarotico, Celia's House Chef*



Celia's House Chef, Karen Amarotico, Offers Virtual Cooking Class from Her Kitchen

Some of you may know that I have been working at Celia's House for a year and a half. In that time I have worked with so many amazing people... and served many lovely residents and their families. I am honored and privileged to be in this position and have the opportunity to witness grace filled moments frequently.

A week or so ago, as I delivered a meal to one of our residents, she stopped me in my tracks when she said to me, "You really love to make people happy with food, don't you?" I looked at her and after a moment said, "Yes... I really do. Thanks for noticing!" It made me happy to now that she saw the pleasure I had in serving her.

As the current health crisis has shuttered our beloved Hospice Unique Boutique, and with it, a funding source for Celia's House, I knew that I needed to find a way to help. After pondering a while, I thought it might be fun to share my love of cooking with our community of supporters. Toward that end, I am offering to teach a virtual cooking class in my home next weekend. I want to share with you a few recipes (my Potato Roll recipe has already been requested!) and hopefully impart my love of cooking with you. You are invited to be a part of my first class and, if you are so moved, I would appreciate it if you would make a donation to

Celia's House.

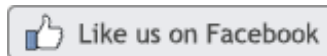
**The class will be live on Saturday, May 16 at 1 PM.  
If you are interested in attending, please sign up  
by e-mailing  
Sarah.bieniek@sofriendsofhospice.org, and we will  
send you further details.**

Thank you so much for supporting Celia's House.

## **HUB Donation Wish List & Ebay Shop**

Do you have unique, or rare collectables, outdated gold and silver jewelry, upscale home décor, copper, brass and silver plate kitchenware you are ready to pass on, then The HUB is your donation destination. For more information on donating call 541-488-7805.

[Click her to Shop for HUB merchandise on eBay](#)



541-500-8911, [info@sofriendsofhospice.org](mailto:info@sofriendsofhospice.org)

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