



Southern Oregon Friends of Hospice - September 2018 Newsletter

HOLMES PARK HOUSE

SOUTHERN OREGON FRIENDS OF HOSPICE



Holmes Park House

September 29, 2018

Southern Oregon
Friends of Hospice

Advanced Care Plans

Palliative Care

Hospice

Physical Comfort

Social Comfort

Spiritual Comfort

Grief

In the News

The Holmes Park House & Hospice Make National News

The Holmes Park House is featured in the national magazine, *Spirituality and Health* this month. Editor Stephen Kiesling visited soon after we opened in June and shared our story quoting "We provide the space that draws out real connections: "Will you forgive me? I forgive you. I love you." Read the article entitled, "The Best Place to Die?" here.



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In the New York Times article, "In Life's Last Moments, Open a Window," British palliative care doctor, Rachel Clarke, describes what is embodied by Holmes Park House. Dr. Clarke writes, "My hospice patients were dying, but they still longed for fresh air and birdsong. People often imagine hospices to be dark and dismal places where there is nothing left to experience but dying. But what dominates my work is not proximity to death but the best bits of living. Nowness is everywhere. Nature provides it."

The Holmes Park House's location embraces our beautiful Rogue Valley. The experience of being in the botanical garden overlooking the Siskiyou mountains offers bird watching and nature at its best. [Read the article here.](#)

Lastly, we who work in hospice often get the response "that must be very depressing work" and the common response of the hospice worker is "we get more gifts with working with the dying than we give." *Washington Post* explores this concept in their September 9, 2018 article, **"Hospice workers find peace in helping patients find comfort at the end of life."**

TODAY!

The HUB
HOSPICE UNIQUE BOUTIQUE
Upscale Resale

BARGAINS!
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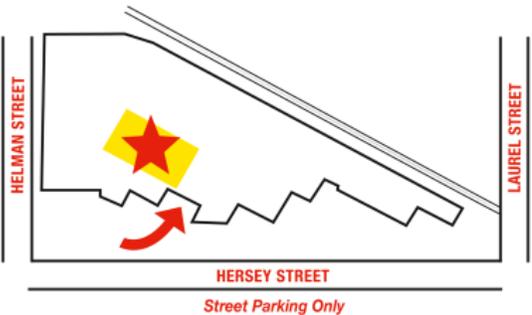
WAREHOUSE SALE

SATURDAY, SEPTEMBER 29
9:00AM TO 4:00PM

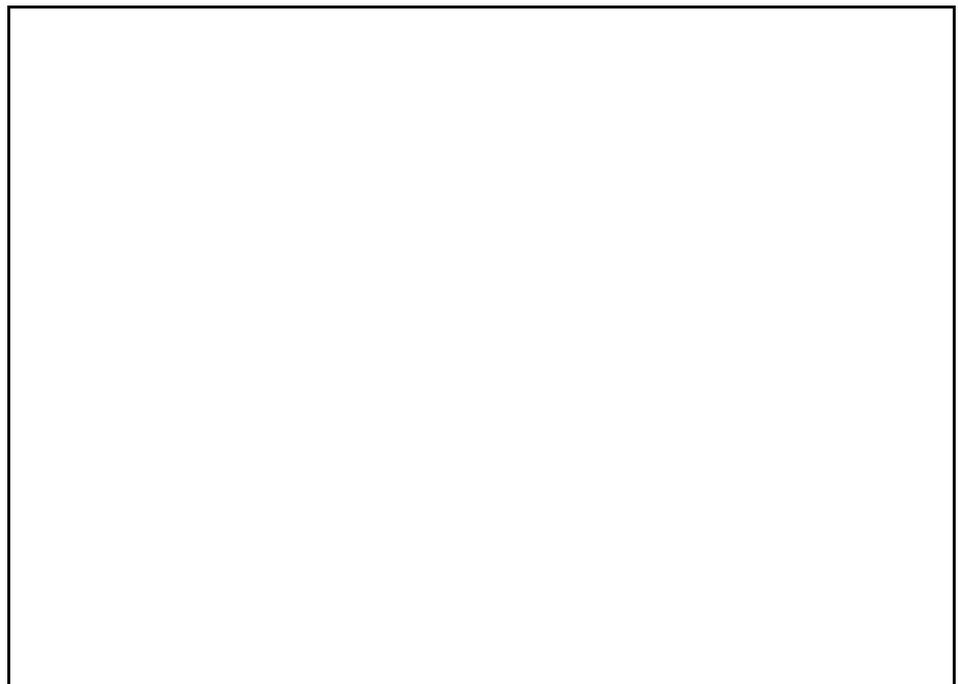
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FOUNDED 1982
FRIENDS OF HOSPICE



Volunteers Making a House a Home





It takes many hearts and hands to make a 12-bed residential care facility feel like a home. It doesn't just happen. Our volunteers offer the extra TLC that makes the Holmes Park House special.

Embracing community and creating connections at the Holmes Park House, volunteers Diana Quirk, Kathryn Finwall, Trudy & Bruce Duncan, Jacqueline Bressers and Dana Knoke put on a traditional Labor Day picnic for residents and staff. People gathered in the Carrico Family Sunroom to feast on bratwurst, hot dogs, potato salad, brownies and other picnic favorites. Everyone enjoyed just be together truly understanding that every day we have is special. (Also pictured are Toni Barry, Nurse Manager; Sue Carroll, Volunteer Coordinator; Abigail Baca, CNA, Brianna Merriman CNA.)

The 90+ Holmes Park House volunteers offer their talents in many ways. Some nurture the garden. Some nurture our residents with food by volunteering in the kitchen. Some provide direct bedside support "companioning" residents during their time at the Holmes Park House. Some bring their musical gifts through song or instrument. Some nurture residents through massage or other special therapies. Some build shelves and fix things. The biggest volunteer need right now is for help in the garden and in the kitchen. Please contact Sue Carroll, sue.carroll@sfriendssofhospice.org to learn more.

[Like us on Facebook](#)

541-500-8911, susan.hearn@sfriendssofhospice.org

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